

TOBACCO USE

Current cigarette smokers:

- Twenty percent of Montana adults in 1999 reported that they currently smoked cigarettes.
- The prevalence of smoking among Montana adults has remained virtually unchanged since 1990.
- Only 11% of adults aged 65 and older were current smokers; substantially less than adults in younger age classes ($\geq 19\%$).
- Self-reported smoking was inversely associated with education and annual household income levels. Less than 10% of adults with a college degree or adults with annual household incomes of \$50,000 or more reported that they currently smoked cigarettes.
- More non-white or Hispanic adults (41%) reported that they smoked cigarettes than white, non-Hispanic adults (19%).

Note: A current smoker is defined as someone who has ever smoked 100 cigarettes and who now smokes every day or some days.

QUIT SMOKING FOR AT LEAST ONE DAY IN PAST YEAR:

- In 1999, 48% of current smokers who smoked every day reported that they quit smoking for at least one day in the past year.
- More adults aged 18 to 29 (68%) quit for one or more days than adults in older age classes ($\leq 47\%$).

CURRENT SMOKELESS TOBACCO USERS:

- Six percent of Montana adults reported that they currently used smokeless tobacco in 1999.
- Self-reported smokeless tobacco use among Montana adults has remained approximately the same since 1990.
- More males reported using smokeless tobacco (13%) than females ($< 1\%$).
- Self-reported smokeless tobacco use was highest among adults aged 18 to 29 ($> 11\%$), while less than 3% of adults aged 65 and older reported using smokeless tobacco.

Note: A current smokeless tobacco user is one who reported that they currently used either chewing tobacco, snuff, or both.

Healthy People 2000 Objectives:

- 3.4 Reduce cigarette smoking to a prevalence of no more than 15 percent among people aged 18 and older.
- 3.6 Increase to at least 50 percent the proportion of cigarette smokers aged 18 and older who stopped smoking cigarettes for at least one day during the preceding year.

Healthy People 2010 Objective:

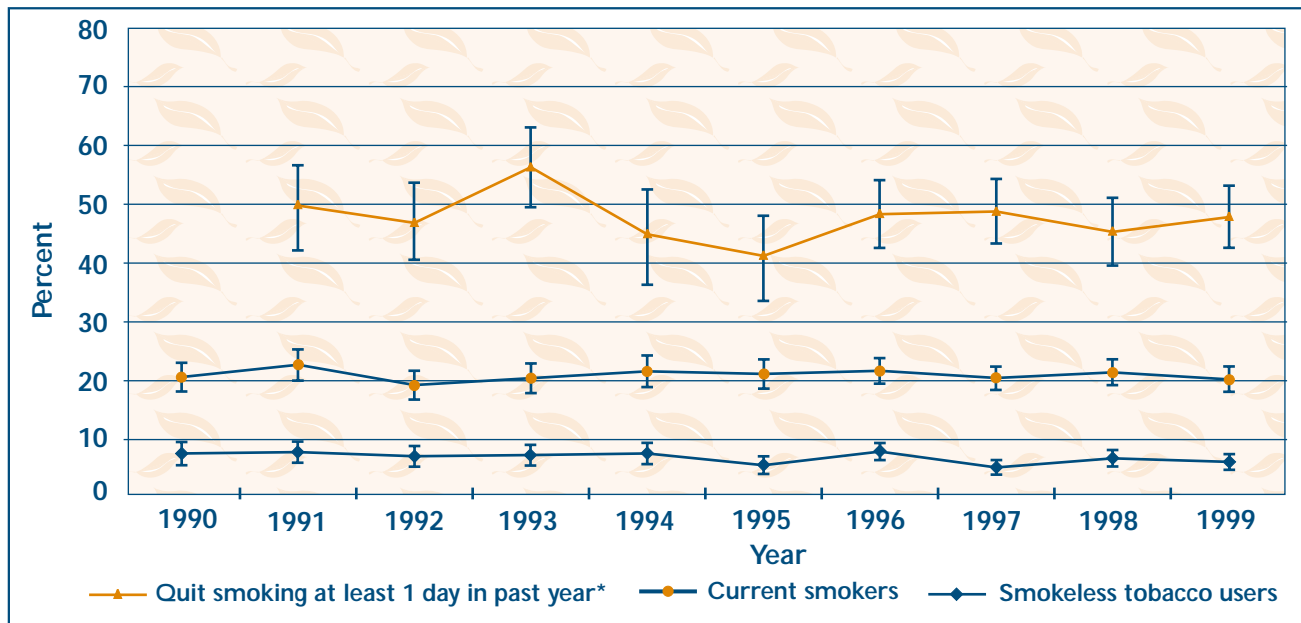
- 27-1a Reduce cigarette smoking by adults (to at least 12%).
- 27-5 Increase smoking cessation attempts by adult smokers (to at least 75 percent).

Table 11. Tobacco Use, Montana Adults, 1999 (with 95% confidence intervals).

	Current smoker				Quit smoking for at least 1 day*				Current smokeless tobacco			
	Total No.	No.	%	CI (+/-)	Total No.	No.	%	CI (+/-)	Total No.	No.	%	CI (+/-)
All Adults: 1999	1795	369	20.2	(2.1)	304	146	48.0	(6.3)	1797	97	6.2	(1.3)
Sex:												
Male	767	144	18.5	(3.1)	113	57	53.0	(10.2)	767	94	12.5	(2.6)
Female	1028	225	21.9	(2.8)	191	89	44.5	(8.0)	1030	3	0.3	(0.3)
Age:												
18 - 29	280	68	23.8	(5.5)	51	34	68.3	(14.1)	280	30	11.3	(4.3)
30 - 44	492	132	25.1	(4.2)	108	47	40.0	(10.6)	516	39	8.4	(2.7)
45 - 64	613	121	19.1	(3.4)	105	48	46.6	(10.4)	614	21	3.2	(1.5)
65+	385	48	10.9	(3.2)	40				385	7	2.3	(1.8)
Education:												
<High School	175	55	32.0	(7.6)	48				174	8	5.4	(3.9)
High School	618	156	25.3	(3.9)	132	62	47.9	(9.6)	619	42	7.7	(2.5)
Some College	510	116	22.8	(4.2)	90	47	49.4	(12.4)	510	28	6.3	(2.5)
College Degree	490	42	7.0	(2.3)	34				491	19	4.6	(2.2)
Income:												
<\$10,000	87	38	44.6	(12.1)	33				87	3	5.8	(8.2)
\$10,000 - \$19,999	240	75	32.6	(7.0)	65	36	58.8	(13.3)	240	9	4.6	(3.1)
\$20,000 - \$34,999	487	113	23.9	(4.4)	96	54	55.6	(12.0)	487	38	8.5	(2.9)
\$35,000 - \$49,999	273	47	15.9	(4.5)	40				274	18	7.9	(3.7)
\$50,000+	314	31	9.0	(3.3)	23				314	13	4.3	(2.4)
Race:												
White, non-Hispanic	1669	323	18.7	(2.1)	272	125	46.3	(6.8)	1670	91	6.2	(1.4)
Non-white or Hispanic	122	46	40.5	(10.1)	32				122	5	3.6	(3.3)

*Denominator is current smokers who smoke every day.

Figure 11. Tobacco Use, Montana Adults, 1990-1999.



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